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Children's Learning Toolkit



This learning toolkit includes fun Filipino-themed Christmas activities that your children can work on throughout the conference.

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What's inside the Toolkit?

Here are the things that you will find inside this learning toolkit:

- Five (5) hands-on activities to be done at home
- Learning Schedule
 - This is the schedule of activities that can serve as a guide to the adults facilitating the activities at home
- List of materials needed for each activity
- Activity introduction
 - This will guide the adults on how they will prepare the children for the actual activity. Providing the context behind the activity will help the children understand the reason/s why they are doing the assigned tasks thus, making the activities more meaningful to them.
- Activity proper
 - This includes a step by step process on how to properly accomplish the activity assigned for the day.
- Appendix
 - This includes printable templates and other materials that could supplement the different activities.
- References

Learning Schedule

JCL Week: December 8-12, 2021

Wednesday (December 8, 2021)

Assigned activity for the day: "Flower Suncatchers for Mama Mary" on pp. 7-8

Thursday (December 9, 2021)

Assigned activity for the day: "Family Parol" on pp. 9-10

Friday (December 10, 2021)

Assigned activity for the day: "Family Caroling" on p. 11

Saturday (December 11, 2021)

Assigned activity for the day: "*Palara*: Paskong Pinoy Puzzle Race" on p. 12

Sunday (December 12, 2021)

Assigned activity for the day: "Pinoy Fruit Salad" on p. 13



JCL Week

December 8 (Wednesday)

Activity 1: Flower Suncatchers for Mama Mary

Materials needed:

- Flower template (Appendix p. 16)
- Clear contact paper (or plastic cover and glue stick/double-sided tape)
- *Do NOT use liquid glue
- Japanese papers cut into 1-inch squares
- Puncher
- String



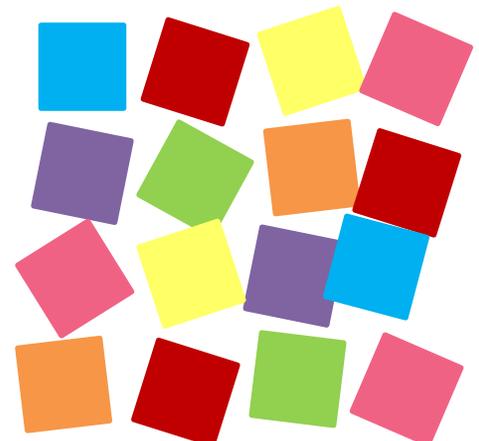
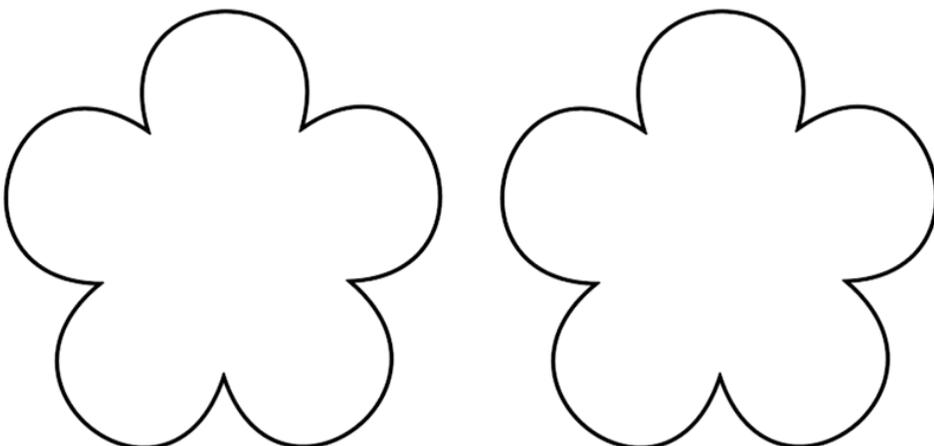
Introduction of activity:

- God prepared so much for the coming of baby Jesus. He made sure Jesus will have a perfect Mother who will be a perfect role model for Him.
- God made this possible by choosing the best parents for Mama Mary - St. Anne and St. Joachim.
- In order to become the mother of Jesus, Mama Mary was conceived by St. Anne without sin.
- The conception of Mama Mary is known as the *Immaculate Conception* and it is celebrated around the world every December 8.
- As we celebrate the Feast of the Immaculate Conception, you and your child will prepare colorful flower suncatchers that you can offer to Mama Mary.



Activity Proper:

- Print the flower template (Appendix p. 16) and cut it out
- Trace the flower cutout on a contact paper or plastic cover. Then, cut it out.
- Make another one.
- Cut/tear the Japanese papers into small squares (~1-inch squares).



December 8 (Wednesday)

Activity 1: Flower Suncatchers for Mama Mary

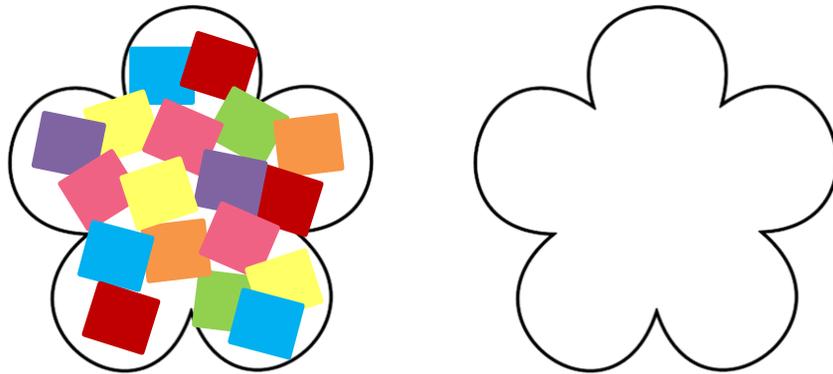
Activity Proper (cont'd):

*If you're using clear contact paper:

- Peel off the back part of the contact papers. Leave the sticky side facing up.
- Stick the Japanese papers on the sticky side of one (1) contact paper.
- Once the child is done decorating the flower, cover it with the other contact paper.

*If you're using clear plastic cover:

- Spread the glue stick/double-sided tape all over the plastic flower.
- Decorate the plastic flower by sticking one Japanese paper cutouts.
- Once the child is done decorating the flower, cover it with the other plastic flower cutout.
- You may use glue stick/double-sided tape to stick the other plastic flower cutout.



- Next, punch a hole on top of the flower and insert a string. Hang it near your window.
- After making your flower suncatchers, you may offer a short prayer to Mama Mary. 😊



December 9 (Thursday)

Activity 2: Family Parol

Materials needed:

- 5 pcs barbecue sticks
- Japanese paper
- Rubber bands
- Scissors
- Glue
- String
- 4 strips of Japanese/crepe paper
(Length of each strip: 10-12 inches | Width of each strip: 0.5 inch)



Introduction of activity:

- A *parol* is a symbolic representation of the star of Bethlehem that guided the Three Wise Men in finding baby Jesus.
- Parols are colorful star-shaped lanterns that are hung outside houses, along the streets, and even around big establishments. They are popular Christmas decorations in the Philippines that add color and vibrance to the holiday festivities.
- Traditionally, parols are made using bamboo sticks and *capiz* shells. For this activity, however, your child will use barbecue sticks and Japanese paper to make his/her parol craft.



Activity Proper:

- Cut off the sharp ends of the barbecue sticks.
- Make a star using the barbecue sticks. Seal the corners by tying them with rubber bands.

Tip: Intertwine the barbecue sticks as you make the star. Once you're done, each stick should be over one stick and under another one.

- Attach a string at the tip of the star.

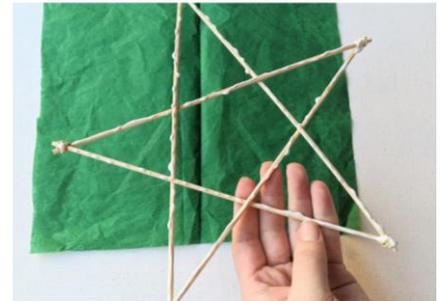


December 9 (Thursday)

Activity 2: Family Parol

Activity Proper:

- Stick the star on a sheet of Japanese paper using glue.
- You may use different colors of Japanese paper if you wish.
- Press the paper gently onto the stick. Let it dry for a bit.
- Cut the paper around the star. Make sure that it's slightly larger than the star.
- Fold the excess Japanese paper around the star and secure it with glue.
- Attach two (2) strips of Japanese/crepe paper at the two (2) bottom points of the star using glue.
- Stick your family photo in the middle of the parol.
- Once you're done with your Family Parol, you may offer a short prayer for your family. 😊



December 10 (Friday)

Activity 3: Family Christmas Caroling

Materials needed:

- 2-3 Christmas songs
- Phone/camera (for video recording)
- Speakers
- Musical instruments (e.g. egg shakers, tambourines, little drums)
- Optional: Christmas-themed attire



Introduction of activity:

- Christmas in the Philippines will not be complete without young children going around their neighborhood singing fun Christmas carols. Their singing would be accompanied by the shaking of makeshift maracas and tambourines to make their *caroling* even livelier. In turn, people would give them a few coins and other treats as a token of appreciation.

Activity Proper:

- Pick 2-3 Christmas carols that you would sing as a family
- You may use musical instruments, such as egg shakers and tambourines, for your *caroling*.
- You may also wear your favorite Christmas outfits for this activity.
- Once everybody is ready, play the Christmas carols that your family has chosen.
- Sing along with everyone as you dance/play the musical instruments you prepared.
- To make this activity more fun, you may do virtual carolings with your other relatives as well! 😊



December 11 (Saturday)

Activity 4: *Palaro*: Paskong Pinoy Puzzle Race

Materials needed:

- Puzzle templates (Appendix pp. 16–23)
- Cardstock and glue stick (optional)
- Scissors
- Answer key (Appendix p. 24)
- Small trinkets/treats

Introduction of activity:

- Another famous Christmas tradition in the Philippines is the *palaro*. *Palaro* is an event organized by local communities where people get to participate in fun games/contests and win prizes. Some of these popular games include calamansi relay, newspaper dance, Bingo, and *Bring Me!*
- In today's activity, you and your child will get to experience a simpler version of the *palaro* by playing a puzzle race game.

Activity Proper:

- The main objective of the game is to complete the four (4) sets as fast as you can.
- The first one to complete all four (4) puzzles wins the game or *palaro*.
- Start off by counting the number of participants. Print 4 puzzles for every player.
 - You may choose between the numbered and non-numbered puzzles.
- To make the puzzle pieces sturdier, stick the printed templates on a cardboard before cutting.
- Jumble each set of puzzle in front of each player.
- Once all participants are ready, you may start the game!
- *Bonus round:* Ask your child to name the picture in each puzzle.
- You may give a brief description of each picture using the short notes in the Answer Key (Appendix p. 24)
- You may also award the winners with small trinkets/treats as their prize! 😊



December 12 (Sunday)

Activity 5: Pinoy Fruit Salad

Ingredients:

- 1 can (168ml) sweetened condensed milk
- 1 pack (250ml) all-purpose cream, chilled
- 1 can (822g) fruit cocktail, drained
- 1 cup shredded coconut meat
- 1 bottle (12 oz) green *kaong* or sugar palm fruit, drained
- 1 bottle (12 oz) *nata de coco* or coconut gel, drained
- ½ cup cheddar cheese, cut into tiny cubes

Materials needed:

- Mixing bowl
- Spatula
- Apron
- Aluminum foil/cling wrap

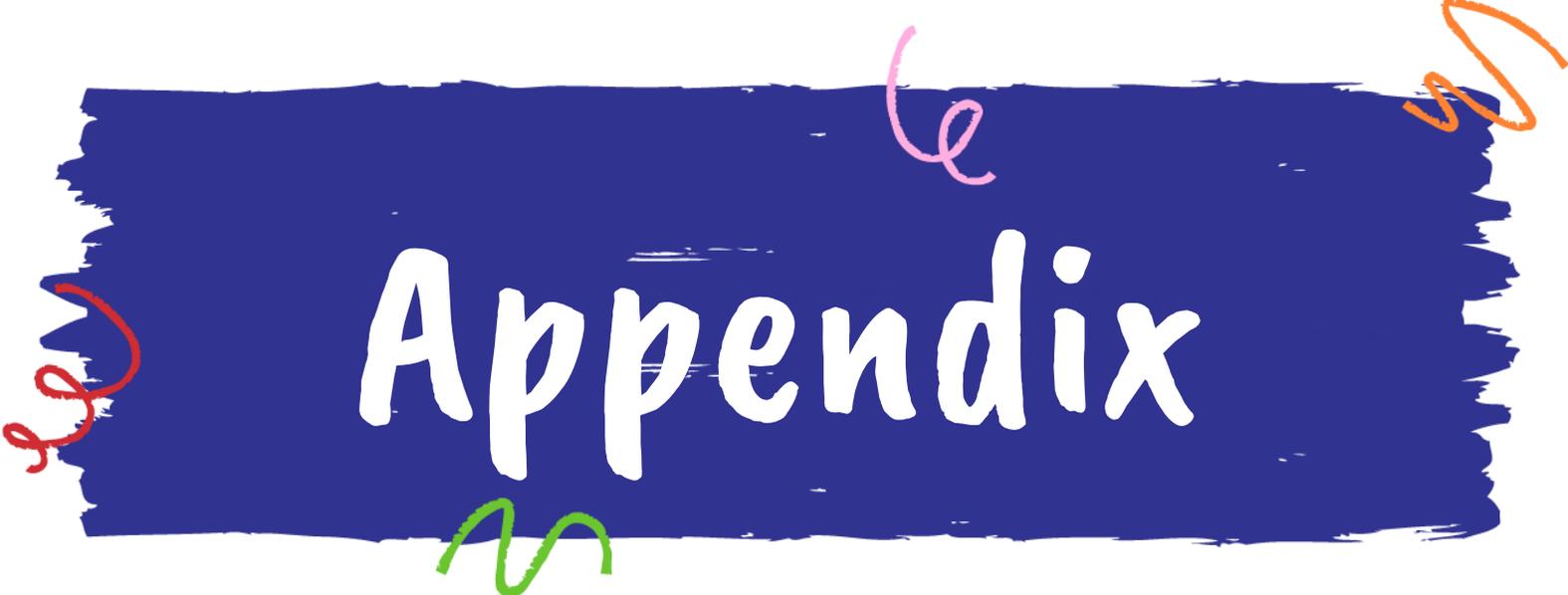
Introduction of activity:

- Filipinos welcome Christmas day with a *Noche Buena*, a special meal shared by everyone in the family on Christmas Eve.
- Some of the famous Noche Buena dishes and desserts served are *lechon* (roasted pig), *adobo* (marinated meat dish), *hamon* (pork ham), *bibingka* & *puto bumbong* (rice cakes), *queso de bola* (edam cheese), and creamy fruit salad.
- In today's activity, your child will prepare a crowd-favorite Noche buena dessert - Pinoy fruit salad!

Activity Proper:

- Gather all the ingredients and materials needed.
- Wash your hands before touching any food item.
- Mix the sweetened condensed milk and all-purpose cream in a bowl. Gently stir the mixture using your spatula.
- Fold in the fruit cocktail, shredded coconut meat, *kaong*, *nata de coco*, and cubed cheddar cheese. Mix until everything's well combined.
- Cover the bowl with aluminum foil/cling wrap plastic and chill inside the fridge for a few hours.
- Serve and enjoy! 😊

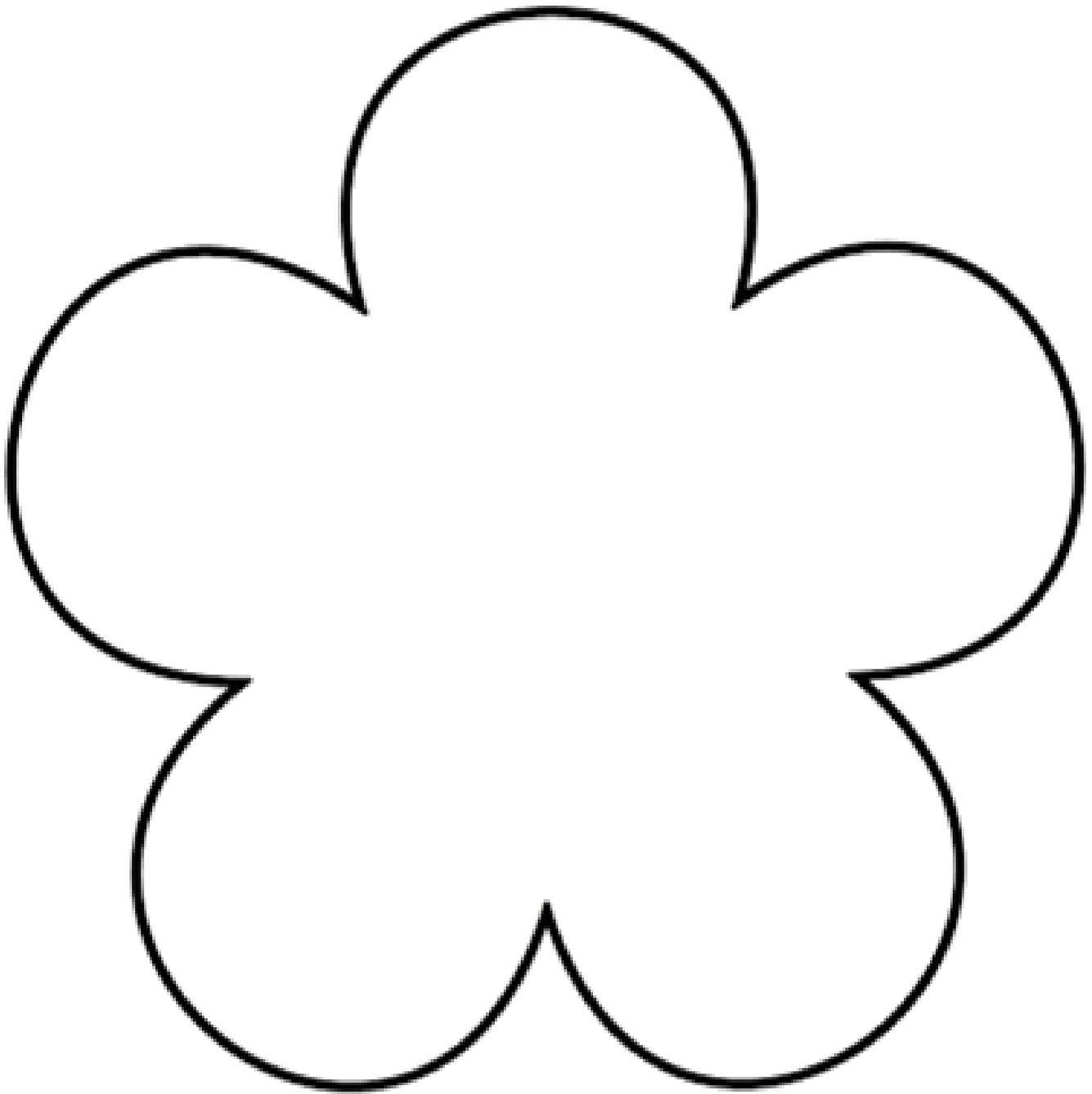




Appendix



Flower Template



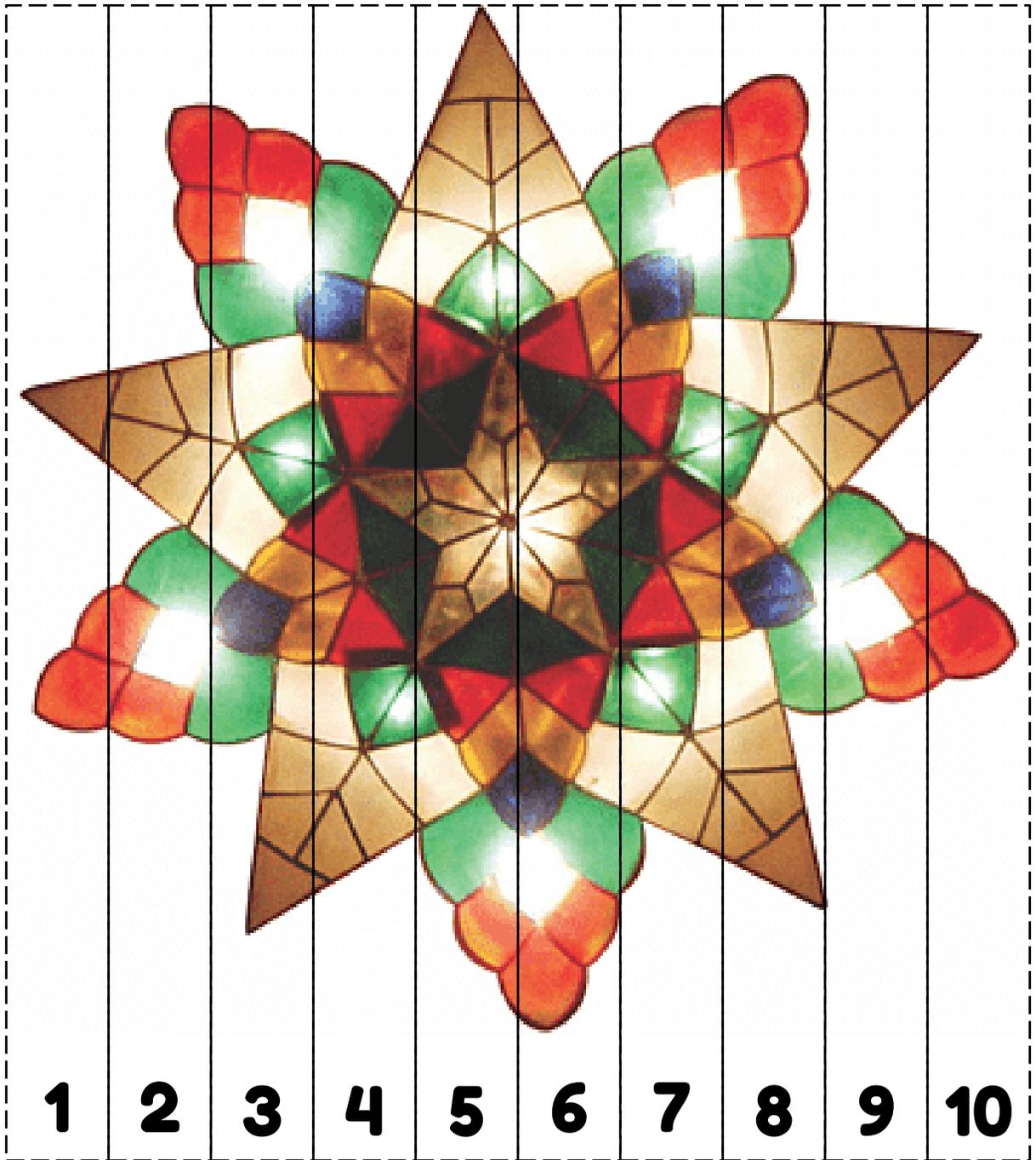
Puto bumbong
(Numbered puzzle)



Bibingka
(Numbered puzzle)



Parol
(Numbered puzzle)





Noche Buena (Numbered puzzle)



Puto bumbong
(Non-numbered puzzle)

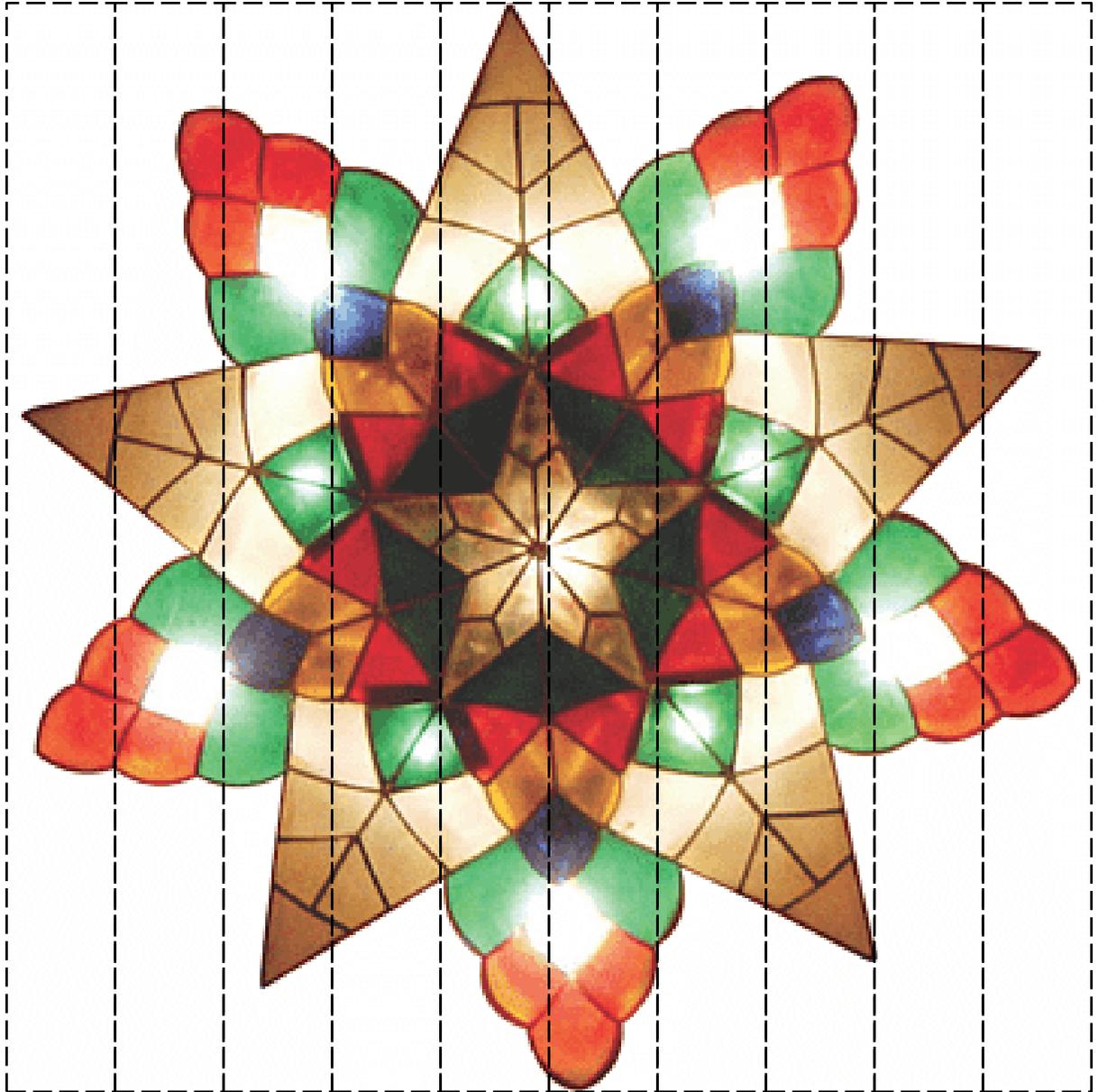




Bibingka (Non-numbered puzzle)



Parol
(Non-numbered puzzle)





Noche Buena (Non-numbered puzzle)



Palaro Answer Key

Puto bumbong

- Purple rice cake shaped like tiny logs
- Prepared by steaming the purple rice mixture inside a bamboo tube
- Usually placed on a small sheet of banana leaf, brushed with butter (or margarine) on top, and sprinkled with grated coconut and sugar



Bibingka

- Another popular Filipino rice cake
- Traditionally made using *galapong* (milled glutinous rice), coconut milk, margarine, and sugar
- Cooked in clay pots that are heated on top and at the bottom with charcoal



Parol

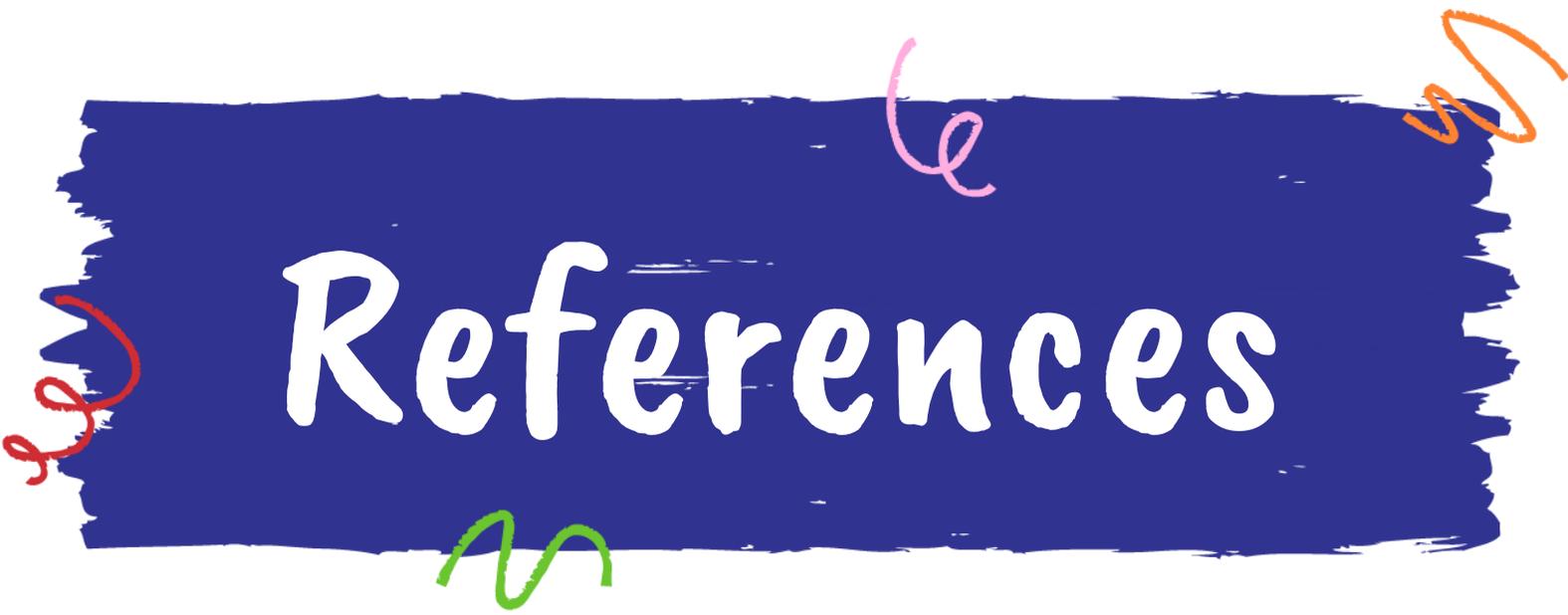
- Colorful star-shaped lanterns used as Christmas decorations



Noche buena

- Special meal prepared and shared by the family on Christmas Eve.





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